

Respiratory Therapy

Care Management Services



Hours:

Monday - Friday
8 a.m. - 4:30 p.m.

Phone: (515) 386-0469

FAX: (515) 386-3089

Greene County Medical Center

1000 West Lincoln Way
Jefferson, IA 50129

gcmchealth.com



Pulmonary Diagnostics

Services include:

- Basic spirometry
- Pre- and post-bronchodilator spirometry
- Full pulmonary function testing
- Home oxygen evaluation

Sleep Study

Services include:

- Regular studies
- Split night sleep studies
- CPAP titration sleep studies



Respiratory Therapy and Patient Education

Services include:

- Nebulizer therapy
- Metered dose inhaler therapy (MDI)
- Acapella therapy
- Positive expiratory pressure therapy (PEP)
- Nasal washing for diagnosis of RSV or influenza
- Sputum inductions
- Patient education
 - Nebulizer & metered dose inhaler use
 - PEP instruction
 - Inhaler spacer instruction
 - Peak flow monitoring instruction
 - COPD, asthma and other lung diseases
 - Sleep disorders

The Respiratory Therapy staff is happy to discuss and/or refer you to companies that supply respiratory supplies, home oxygen and CPAP machines for your personal use.

Pulmonary Rehabilitation

If you have been diagnosed with chronic lung disease and have ongoing breathing and quality of life issues, you may benefit from this program. The exercise will improve your breathing and functional ability. The education will improve your ability to care for yourself and the emotional support will help you cope with your condition.

The pulmonary rehabilitation program is designed to enhance quality of life to the highest possible level, maintain or improve exercise tolerance, decrease hospital days, increase each person's independence and increase understanding of the individual's pulmonary disfunction.

